

# Wild Heart Farm



## Cob & Earth Artistry Workshop Schedule

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### Cob Wall Building Women's Workshop

#### Friday, April 5

- 12 PM -arrive at Wild Heart Farm and enjoy garden-inspired lunch together
- 1 PM -welcome, introductions, tour, grounding exercise
- 2 PM - discover and design potential shape of flowing cob wall (art practice)
- 3 PM- cob materials and mixing practice
- 430 PM -Closing Circle discussion & question of the day
- 530 PM- break for the day return to lodging for the evening

#### Saturday, April 6

- 745 AM - arrive at Wild Heart Farm for hot beverages
- 815 AM- check in and circle time
- 9 AM - community cob wall building, mixing techniques:Canadian method, single , 2-person mixing, etc.
- 12 PM -garden inspired lunch and downtime, conversations and stretching
- 1:30 PM- sculpting niches and Cob design, (option -making cob adobe bricks)
- 4:30 PM- conversations and discoveries, question of the day
- 5:30 PM -share potluck dinner and music.

Break for the day return to lodging for the evening

#### Sunday, April 7

7:45 AM- arrive at Wild Heart Farm for hot beverage

8:15 AM - check ins and circle time

9 AM - finish building curvy cob wall, niches, altars and sculpture practice

12 PM - Garden inspired lunch and rest, conversations, stretching and questions

1:30 PM -work on designing the motif and artwork for the wall.

Front side -moon gazing / Back side -intimate sacred symbols

2:30 PM- finishing and clean up

3:30 PM- Closing Circle

## Community Clay & Earthen Plastering workshop

Wednesday the 10th / Thursday the 11th 3 - 7 PM

(The schedule will be approximately the same for both days)

3 PM -arrive at Wild Heart Farm , quick circle introduction & check ins

3:30PM - mixing plasters and color palettes, talk about plastering tools and various mixes, pigments, and paints

5 PM -break for shared potluck dinner & snacks

6 - 7 PM Artistic earthen plastering mixing & painting practice, making small, clay hand sculptures & adornments

## Weaving Earth & Natural Elements Women's Workshop

Friday, April 12

12 PM - arrive at Wild Heart Farm and enjoy garden inspired lunch together

1 PM -welcome, tour, introductions and grounding exercise

2 PM - review the design for the artistic woven shower area. Art -discovering and designing, determine potential shape & palette of the woven wall

3 PM - sourcing and gathering materials

4:30 PM- closing circle discussion, question of the day

5:30 PM- break for the day, return to lodging for evening

## Saturday, April 13

7:45 AM- arrive at Wild Heart Farm, hot beverages

8:15 AM- check ins and circle time

9 AM - artistic weaving practice on the outdoor shower & the moon view garden fence

12 PM - garden inspired lunch and downtime, conversations and stretching

1:30 PM -sculpting niches and embellishments on the woven willow wall

4:30 PM- conversations and discoveries

5:30 pm- potluck dinner , break for the day & return to lodging for the evening

## Sunday, April 14

7:45 PM- arrive at Wild Heart Farm for beverages

8:15 - check in, circle time

9 AM - finish weaving artistic shower wall , wattle and Daub practice

(if extra time -begin design and discussion about outdoor kitchen)

12 PM - garden inspired lunch and rest, conversations and questions

1:30 PM- finishing and clean up

3:30 PM-Closing Circle

If you have any questions or concerns, please don't hesitate to reach out.

We look forward to creating with you!

*Kate, Erin and Antigone*

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